**Responsibilities List**

**God**

Prayer

Bible reading

Bible memorization

Worship

Church attendance

**Husband**

Intimacy

Intentional communication

Intention helping

Dates

Getaways

Hobbies

Downtime

Practical errands

**Children at Home**

Devotions

Reading aloud

School transportation

School activities

Homework

Music lessons

Music practice

Bathing

Naps

Chores

Intentional time with each

Technology

Friendships

Church activities

Sports activities

**Adult Children**

See/talk with them intentionally

Family dinners

Family vacations

Trips to visit

Helping in other ways

**Grandchildren**

See/talk with them intentionally

Family dinners

Babysit

Trips to visit

**Home**

Meal planning

Sweeping/Mopping

Vacuum

Showers

Toilets

Dusting

Laundry

Tidying

Bathrooms

Beds made

Meal prep

Grocery shopping

Household shopping

Clothes shopping

Yard work

Pool maintenance

Pet care

Planning/Scheduling

Organizing

Paying bills

**Everything Else**

Ministry/other

Work

Bible Study

Small groups

Volunteer activities

Visit/call extended family

Ministry commitments

Friendships

Community work

Entertainment

Social media time

**Myself**

Sleep

Exercise

Hygiene

Hair & make up

Dye hair

Hobbies



**My Priorities and Responsibilities**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **God** | **Husband** | **Children/Grandchildren** | **Home** | **Everything Else** | **Yourself** |